Experiential Learning:

*engaging in purposeful, meaningful experiences outside of the classroom in order to expand and enhance academic, personal, and career interests through guided reflection*

**Reflection/Assessment:**

Choose one of the following options:

1. Complete EPSY 575 Internship Exploration (spring 2015 or later) at The University of Kansas with a passing grade.

   OR

2. Complete LA&S 490 Internship Exploration (spring 2015 or later) at The University of Kansas with a passing grade.

   OR

3. Complete the online learning module in Blackboard and submit (in Blackboard) two reflective demonstrated achievements based on one or more experiential learning opportunities. For each demonstrated achievement, you must include the following:

   - type of experiential learning opportunity
   - organization in which you participated in the experiential learning opportunity
   - an explanatory paragraph of the demonstrated achievement
   - a learning/reflective paragraph for the demonstrated achievement that explains what you learned from the achievement and the skills you developed or utilized
   - a paragraph explaining how this achievement will help you with your career decision-making or future career goals
   - ***Optional: upload artifacts that demonstrate the achievement (flyers, screenshots, documents, urls, spreadsheets, etc.)

Samples of experiential learning opportunities from which your demonstrated achievements may come:

- internship
- volunteer experience
- service learning opportunity
- research experience
- part-time job
- leadership position in a student or Greek organization
- lecture attendance
- conference attendance
- workshop attendance
Rubric: In order to successfully complete this dimension, you must earn an average score of at least 4 out of 5 on your demonstrated achievements.

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<th>5: Expert</th>
<th>Examples</th>
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| Reflective summary is clear and is representative of an experiential learning opportunity while in college. The explanation of the achievement defines the achievement and demonstrates application of skills and/or knowledge in a professional and experiential setting. The learning/reflective component demonstrates thoughtful reflection and shows growth in knowledge and skills that can be applied in future experiential or professional settings. | • **Type of experiential learning opportunity:** Career coaching internship  
• **Organization in which you participated in the opportunity:** University Career Center  
• **Explanatory paragraph:** The Associate Director of the Career Center wanted to develop a Graduate Training Program webpage so that potential employees would know more about the training program. I was selected to be on the team of people who developed material for the page. I collaborated with one other staff member, and one of my main responsibilities was to create the Google Map with the current location of graduate interns who moved to different jobs after they graduated. I had never made a Google map before.  
• **Reflective learning/skills paragraph:** For this project I learned how to create a map on Google Maps, as well as how to drop pins and give an explanation for each one. Before this, I had only used Google Maps for personal directions. I had a lot of fun making the map because it was an immediate visual representation of the work I had done. To create it, I used a list I had been given of old interns and left off personal identifying information to reveal the person’s job title, company, and location. I was satisfied with the final product, and it is now on the UCC Graduate Training webpage.  
• **Career development paragraph:** Technical skills are important in all career fields these days. Because of this, I feel it is important for me to have experience with and feel comfortable using a variety of technology tools, including Google maps. When I started interning, I never imagined I would be creating content for a webpage. Now I realize that websites are one of the best ways any person or company can get the word out about their services. As a future counselor, I will need to have technical skills to possibly maintain my own business website, record notes, etc. Simply being exposed to a new technology such as Google maps will help me be more comfortable next time I am introduced to a new technology. |

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<th>4: Advanced</th>
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| Achievement is clear and is representative of an experiential learning opportunity while in college. The explanation of the achievement defines the experience clearly. The learning/reflective component states knowledge and skills gained; however, more details are needed to demonstrate actual growth. The career development explanation is present but needs more specific application or perceived future application. | • **Type of experiential learning opportunity:** Career coaching internship  
• **Organization in which you participated in the opportunity:** University Career Center  
• **Explanatory paragraph:** The Associate Director of the Career Center wanted to develop a Graduate Training Program webpage so that potential employees would know more about the training program. I was selected to be on the team of people who developed material for the page. I collaborated with one other staff member, and one of my main responsibilities was to create the Google Map with the current location of graduate interns who moved to different jobs after they graduated. I had never made a Google map before.  
• **Explanatory paragraph:** The Associate Director of the Career Center wanted to develop a Graduate Training Program webpage so that potential employees would know more about the training program. I was selected to be on the team of people who developed material for the page. I collaborated with one other staff member, and one of my main responsibilities was to create the Google Map with the current location of graduate interns who moved to different jobs after they graduated. I had never made a Google map before.  
• **Reflective learning/skills paragraph:** For this project I learned how to create a map on Google Maps, as well as how to drop pins and give an explanation for each one. Before this, I had only used Google Maps for personal directions. I had a lot of fun making the map because it was an immediate visual representation of the work I had done. To create it, I used a list I had been given of old interns and left off personal identifying information to reveal the person’s job title, company, and location. I was satisfied with the final product, and it is now on the UCC Graduate Training webpage.  
• **Career development paragraph:** Technical skills are important in all career fields these days. Because of this, I feel it is important for me to have experience with and feel comfortable using a variety of technology tools, including Google maps. When I started interning, I never imagined I would be creating content for a webpage. Now I realize that websites are one of the best ways any person or company can get the word out about their services. As a future counselor, I will need to have technical skills to possibly maintain my own business website, record notes, etc. Simply being exposed to a new technology such as Google maps will help me be more comfortable next time I am introduced to a new technology. |
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<th>3: Intermediate</th>
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<td>Achievement is stated and is from an experiential learning opportunity while in college. The explanation of the achievement defines the basics of the achievement, but more detail is needed. The learning/reflective component states knowledge and skills gained, but more detail is needed to truly demonstrate acquisition and growth.</td>
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| Type of experiential learning opportunity: Career coaching internship  
Organization in which you participated in the opportunity: University Career Center  
Explanatory paragraph: The Associate Director of the Career Center wanted to develop a Graduate Training Program webpage so that potential employees would know more about the training program. I was selected to be on the team of people who developed material for the page. I collaborated with one other staff member, and one of my main responsibilities was to create the Google Map.  
Reflective learning/skills paragraph: For this project I learned how to create a map on Google Maps, as well as how to drop pins and give an explanation for each one.  
Career development paragraph: Technical skills are important in all career fields these days. Because of this, I feel it is important for me to have experience with and feel comfortable using a variety of technology tools, including Google maps. |  |
| 2: Novice |  |
| Achievement is vague but does represent an experiential learning opportunity while in college. The explanation of the achievement is either not clear or not present. The learning/reflective component is either not thoughtful or not present. |  |
| Type of experiential learning opportunity: Career coaching internship  
Organization in which you participated in the opportunity: University Career Center  
Explanatory paragraph: I created a Google map.  
Reflective learning/skills paragraph: I learned how to create a Google map.  
Career development paragraph: Technical skills are important. |  |
| 1: Beginner |  |
| Achievement is vague and/or does not represent an experiential learning opportunity while in college. The explanation of the achievement is not clear and/or not present. The learning/reflective component is not thoughtful and/or not present. |  |
| Type of experiential learning opportunity: Career coaching internship  
Organization in which you participated in the opportunity: University Career Center  
Explanatory paragraph: I created a Google map.  
Reflective learning/skills paragraph: |  |
Career development paragraph: I am not sure how this relates to my future career.